

ZERO is the new electrolyte sport drink tablet from High5. It is designed for use before, during and after exercise. One tablet dropped into 500ml of water produces a delicious, refreshing, zero-sugar, low-carb, anti-cramp electrolyte drink with added magnesium. Each tube contains 20 tablets and makes 10 litres of electrolyte drink.





Whatever your sport, whatever the terrain, you can throw a tube of **ZERO** in your bag and stay hydrated all day long. On long rides or endurance events simply drop the tube in your jersey or pack and turn every water stop into a source of optimal hydration. The effervescent tablets dissolve immediately to give you a light, refreshing non-fizzy drink packed with electrolytes.